



studio*wellness*

Promote a therapeutic regimen to minimize stress for your team and your company, and offer exciting benefits your colleagues and new recruits will love.

2023 Brochure. Your guide to developing a wellness program.

benefits of a therapeutic initiative

Assessment and therapeutic sessions make colleagues acutely aware of their personal behaviors or risks, and identify colleagues who need the most help. This raised awareness helps engage individuals who might not otherwise participate.

Armed with this information, Studio Massage can tailor our proposal to meet your greatest needs. Follow up assessments document progress and help you evaluate your continued investment in a corporate wellness plan.



therapeutic leader

We provide clear, accurate assessments in a comfortable and relaxed setting, and advice that extends beyond a session. Each client is accommodated with professionalism, punctual service times and a courteous Practitioner. We're honored to be ranked #2 in wellness providers in Nassau on Tripadvisor, with 100% 5-star reviews.



therapeutic kiosk



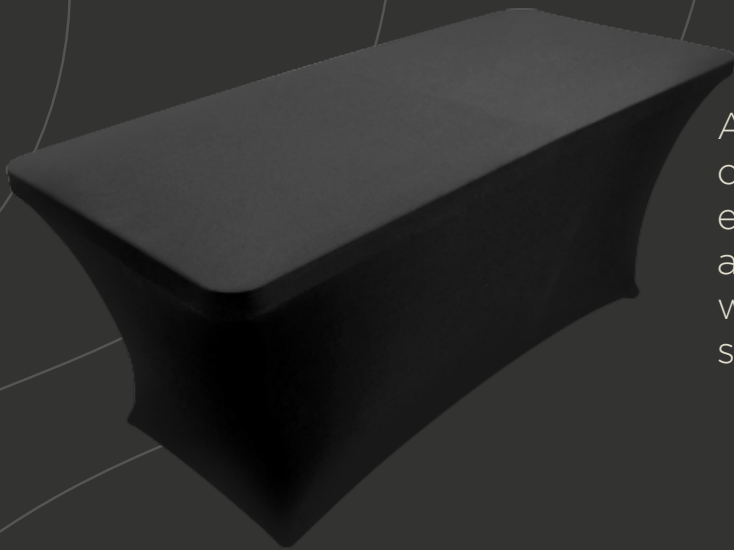
Portable and accessible massage chair can be used at corporate events or in office spaces. Its unique and small design makes it adaptive and perfect for any occasion.

Portable and accessible, full-service massage table can be used to provide detailed assessments and sessions in private or public settings.



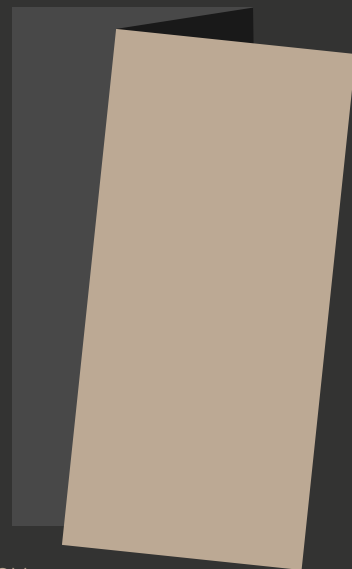
therapeutic kiosk

Reinforce your therapeutic initiative
by drawing attention with branded
signage.



A dedicated station and the
centrepiece of the kiosk, for
exchanging consultations,
and greeting and engaging
with participants in any
setting.

Therapeutic content/flyers provided
by our studio and branded with your
identity for brand recognition.





experienced practitioner

Meet Kenny, our resident Manual Therapist, with nearly 20 years experience in over 10 different therapeutic modalities. He's also a Massage Therapy instructor and has trained students throughout The Bahamas.

A man with a beard and a black jacket is holding a large black sign. The background is dark with some faint, curved lines.

keynotes & education

We're messengers of mindfulness armed with not just wellness disciplines but the science behind therapeutic bodywork, corrective exercise, stress management, work-life balance, and mindful meditation.

As an active therapeutic instructor delivering captivating keynotes comes naturally to our resident speaker Kenny.



award-winning experiences

We are honored to receive awards by global recognition programmes from the travel and hospitality industry, recognizing the very operators, experiences, and wellness facilities, based on customer satisfaction and reviews.

TRIPADVISOR

TRAVELER'S CHOICE AWARD 2022

TRAVEL & HOSPITALITY AWARDS

BAHAMAS MASSAGE SPA OF YEAR 2020

KAYAK.COM

FEATURED ON NASSAU TRAVEL GUIDE

BAHAMAS.COM

FEATURED ON NASSAU TRAVEL GUIDE

TRAVEL & HOSPITALITY AWARDS

BAHAMAS THERAPIST OF YEAR 2022

LUXURY & TRAVEL GUIDE

BAHAMAS MASSAGE SPECIALIST OF YEAR 2021

Wellness30

- ✓ Massage Chair sessions for participants (up to 4 hrs)
- ✓ Complimentary assessments and consultations with participants

\$650.00

Wellness60

Most Popular

- ✓ Massage Chair & Table sessions for participants (up to 4 hrs)
- ✓ Complimentary assessments and consultations with participants
- ✓ Therapeutic kiosk with dedicated station, branded signage and flyers

\$850.00

wellness programmes

Invest in these proven therapeutic programmes to keep your employees well and promote long-term wellness.

Terms and conditions apply.

Keynote30

- ✔ Keynote session presented by resident manual therapist (up to 2hrs) on therapeutic bodywork, stress management, affects of stress on the nervous system and blood pressure, mindful meditation and corrective exercise.
- ✔ Includes post-keynote interactive session with audience up to 1 hour.
- ✔ Prize giveaway of complimentary gift vouchers for full therapeutic sessions to 1 lucky audience member

\$500.00

keynote programme

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thankyou



STUDIO MASSAGE
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